

# GOOD MOURNING MINISTRY WORKSHOP

## is Prayerful, Practical & Personal

<http://www.goodmourningministry.net/> \$1,000.00 suggest that those that attend \$20.00

"We heal by putting to prayer, what we want to experience."

Pope Francis

"FINALLY, a program for the bereaved that integrates the treasure of our Roman Catholic Faith in the process of healing the heart!!!" Dianne Fessler-Mulligan- Retired.

**The Grieving with Great Hope Workshop and the process of healing begins in PRAYER.** About 1/3rd of every Grieving with Great HOPE workshop is spent in church where we come together as a community of faith to become disciples of hope. "Because the Father's will is to raise up people, to share in His own divine life. He does this by gathering us around His Son." CCC. We spend part of this time in Eucharistic Adoration. We pray, are prayed over and are prayed for. We pray for our beloved. We sing, we listen and we remember. We cry. We may even smile.

**There are no stages to grief.** We all experience loss in our own unique way. In another one-third of this workshop we come to learn the intentional process of mourning. When we mourn, we outwardly express our internal thoughts and feelings. And it is through this process that we understand practical things we can do to help us heal our wounds and build our bridge to a new and different life. Christ is our role model. He wept. He prayed. He accepted His cross with great love and great hope.

**Validation is an important part of the grieving process.** This gives us a sense that we are not alone. The balance of the time is spent in small self-facilitating grief peer groups. These groups are formed based on age and loss and establish a safe environment to openly share thoughts and feelings. Often times in these groups, strangers become friends. As disciples of hope in the body of Christ, we help each other mourn our loss and find our way through our grief. *"These workshops have helped me so much in my life."* Gloria Bills

"Grieving with Great Hope gives people who are mourning the loss of a loved a path through the valley of grief. It connects people with people, here on earth and on their way home. And in the end, we are all lead to the Great Healer, Jesus Christ in the presence of the Blessed Sacrament." Fr. John Riccardo

## Grieving with Great Hope Training

Check website for available workshops. Note can put together a workshop for specific groups if need be, but will need to contact them and schedule.

## **Support**

### **Local Michigan Counselor List:**

Pamela Haase, MS, LLPC, 632 N Mill St. Plymouth, Email:PamHaaseLPC@aol.com  
Website:www.pamelahaase.com (734-748-4005)

### **Adults and Children Grief Support:**

New Hope Center for Grief Support-Northville (248-348-0115)

Horizons- A New Beginning- Lake Orion- Contact Modetz Funeral Home for  
information (248-651-8137)

Gabby's Ladder- Monroe MI. 734-242-8773

Children-Elle's Place-(734-929-6640)-www.elsesplace.org

Loss of Child-Compassionate Friends-(734-778-0800)-www.teflivonia.org

**SUICIDE PREVENTION HOTLINE 1-800-273-8255**